

HEALTH SERVICES IN KAMLOOPS

The goal of this brochure is designed to help you better access health care services in Kamloops.



SERVICES

- Dental Care
- Family Doctor
- Urgent and Primary Care
- Emergency Care
- Additional Services

DENTAL CARE

- General dental care is not covered through Canada's MSP
- Call 1-866-866-0800 for more dental information
 - Enter your 10-digit phone number
 - Press option 2
 - Press option 4
- Clinics in Kamloops:
 - [Cedar Dental](#)
 - [Grasslands Dental](#)

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FAMILY DOCTOR

How to get a family doctor:

1. Search online at 'Find a Doctor BC' to see what clinics are accepting new patients in your area, [Find a Doctor BC](#).
2. Once you have looked at the clinic options, contact HealthLink BC by calling **8-1-1** and ask to be placed on the waitlist.
3. Now that you are on the waitlist, you will be notified when the clinic has availability.

Other Advice:

1. Finding a family doctor may take time, please be patient.
2. Ask friends, coworkers, neighbors, or anyone else you feel comfortable asking, if their family doctor is accepting new patients.



URGENT AND PRIMARY CARE

Address: [311 Columbia Street Unit 102](#)

Phone Number: 250-314-2256

Website: [Kamloops Urgent Primary Care](#)

Hours: 10 a.m. to 10 p.m. Monday-Sunday

URGENT AND PRIMARY CARE

- This is for individuals that need medical attention within 12-24 hours that is **NOT** considered emergent
 - For any emergency care please call **9-1-1** OR **go to the emergency department**
- This is not a walk-in clinic, you must phone to make an appointment.
 - Keep phoning until you are able to speak with someone, it may take a while
- Care is provided for minor injuries such as cuts, wounds, infections, minor childhood injury/illness, and women's health



EMERGENCY CARE

Address: [Royal Inland Hospital](#)
Open 7 days a week, 24 hours a day

- For any emergency, please visit the RIH Emergency Department
- The **Canadian Triage and Acuity Scale (CTAS)** is used to determine who receives care first
- **Reminder:** This scale is a guide to help you understand how wait times are determined. Those highest on the scale as determined by the hospital will be seen first, while those on a lower scale may wait longer depending on who arrives and how urgent the condition is.

The **Canadian Triage and Acuity Scale (CTAS)** is used to determine who receives care first:

- **Level 1: Resuscitation**
 - Conditions that are threatening to life or limbs
- **Level 2: Emergent**
 - Conditions that have the potential to threaten life, limbs, or function
- **Level 3: Urgent**
 - Conditions that may progress to a more serious problem
- **Level 4: Less Urgent**
 - Conditions that have the potential for deterioration and would benefit from treatment
- **Level 5: Non-Urgent**
 - Sudden onset health problems, that do not require immediate attention

OTHER SERVICES

Kamloops Kinetic Energy

Provides same-day appointments with medical doctor, women's clinic, chiropractor, physiotherapy, and other services.

- Address: 207-450 Lansdowne Street
- Phone Number: 250-828-6637
- Website: [Kinetic Energy](#)

Kamloops Public Health Unit

The public health unit provides health promotion services such as immunizations, breastfeeding supports, and other programs

- Address: 519 Columbia Street
- Phone Number: 250-851-7300
- Website: [Public Health Unit](#)

Virtual Walk in Clinic

Same or next day visit with a doctor online through phone or video

- Contact: info@walkinvirtualclinics.com
- Website: [Walk in Clinic](#)